



“Taughannock Farms Inn” Welcomes the Cayuga Lake Triathlon

The Taughannock Farms Inn is proud to create meals specifically designed for all athletes participating in the *14th Annual Cayuga Lake Triathlon*.

Pre-Race - Dinner Saturday Night, August 6th from 5PM-10PM

The Taughannock Farms Inn casual fine dining restaurant offers picturesque views overlooking Cayuga Lake. In addition to its dinner menu, Taughannock Farms Inn is offering a special dinner buffet, specifically design to enhance an athletes peak performance on race day.

The buffet includes, seasonal greens and caesar salad, a feast of complex carbohydrate pasta dishes, grilled chicken, and grilled vegetables. The all you can eat buffet is \$30 per person, but triathlon participants who bring their race number will receive a discounted rate \$25 per person.

After dinner, enjoy our newly built patio and fire pit with family and friends before your big day. Please call (607)-387-7711 for reservations.

Discounted Parking Sunday morning!

Taughannock Farms Inn is also offering discounted parking of \$5.00, a saving of \$3 dollars off the State Parking lots next door.

When you park, save the \$5 parking voucher and redeem it later that day at our restaurant for post-race brunch or dinner.

Post-Race - Sunday Brunch – 11AM-3PM

After the triathlon, celebrate with your family and friends at our Sunday Brunch, a deal at \$19.95 per person or you can order off our la carte menu. Enjoy bottomless mimosas for an extra \$10. Triathlon participants who bring their race bib will receive a complimentary pitcher of Mimosa. Don't forget your parking voucher to receive \$5 off your brunch or dinner meal (valid on race day only)

The Taughannock Farms Inn is open for dinner nightly between 5PM and 10PM
Please call to make your reservation. – (607) 387-7711

About Taughannock Farms Inn:

“The Taughannock Farms Inn” is under new ownership as of February 2016 and has undergone a major renovation. Great food and inspiring views, the restaurant is located seven miles from Ithaca on the Cayuga Lake Wine Trail, and is adjacent to Taughannock Falls State Park, featuring the tallest waterfall east of the Rockies.

For more information please contact:

Taughannock Farms Inn, is located at 2030 Gorge Road in Trumansburg, NY and Route 89.

P: (607) 387-7711

E: info@innattaughannock.com